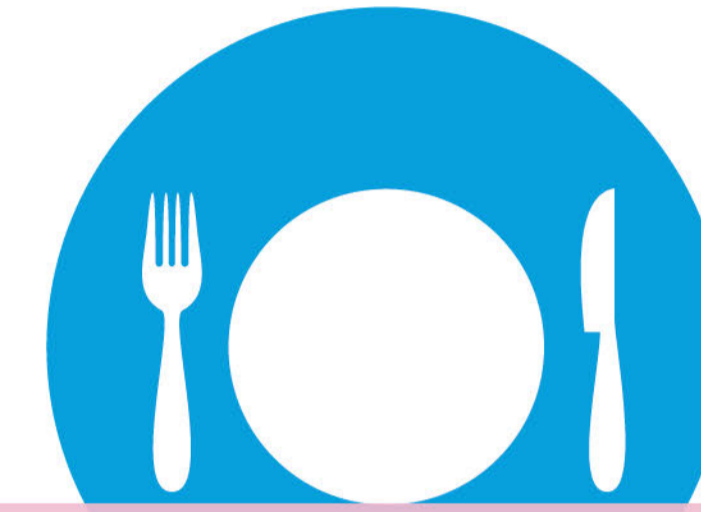


TIME FOR A GLASS OF PURIFIED WATER



DO NOT PRINT

Document needs updating.
Send a request to Brainstorm.

YOUR BODY IS
75%
WATER

2 GLASSES
ON WAKING

1 GLASS
30 MINUTES
BEFORE A MEAL

1 GLASS
BEFORE YOU
BATH OR
SHOWER

1 GLASS
BEFORE BED

PURIFIED